

HOLY COMMUNION

Let us lift up our hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right to give you our thanks and praise, O God, for you provide for the needs of your people with a generosity beyond our comprehension. In the first of your mighty wonders you created the earth and filled it with good things. When you led your people out of slavery, you heard their cries in the desert and gave them food from heaven so that they might eat and give thanks to you. So too, you feed us through your child, Jesus, the bread of heaven, who came to nourish us and strengthen us in the faith.

Though he was killed, he raised to life, and now gives himself with scandalous extravagance to all who respond to his call, the early comers and late comers alike. You are grace at all times and in every place. Therefore, with our hearts lifted high, we offer you thanks and praise at all times and in every place and especially now...

We give you thanks for the bread of heaven which you give with scandalous extravagance to all who respond to your loving grace...

through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

On the night in which he gave himself up for us, Jesus took bread, gave thanks to you, broke the bread, gave it to his disciples, and said: "Take, eat; this is my body which is given for you. Do this in remembrance of me."

When the supper was over, he took the cup, gave thanks to you, gave it to his disciples, and said: "Drink from this, all of you; this is my blood of the new covenant, poured out for you

and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.”

And so, we remember...and we offer ourselves ...

Christ has died, Christ is risen. Christ will come again.

By God’s Spirit go forth in the strength of God’s grace made tangible in the receiving of this Holy Meal. And may the power and presence of God go with you. May the Call of Christ lead you into fruitful kingdom labors of love. And may God’s Most Holy Spirit fill you with the joy of grace.

**We go in peace to love and serve the Lord,
In the name of Jesus Christ. Amen**

RECEIVING HOLY COMMUNION

PRAYER FOLLOWING THE RECEIVING

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